

# Commonwealth Psychosocial Support

This program is funded by the  
Hunter New England Central Coast  
Primary Health Network.

**PRIMARY  
HEALTH  
NETWORK**

## Contact us

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Registered NDIS Provider



**The Commonwealth Psychosocial Support (CPS) Program is a free service in the Northern Inland Region which supports people with mental illness who need short-term, low intensity support to function day to day.**

CPS offers one-on-one and group support (in some areas) for eligible people to get the support they need to assist recovery, build skills to live independently and contribute to their communities.

The CPS program will assist participants to identify goals to better manage mental health challenges and provide the support required to help build on existing strengths and skills and to also develop new skills to reach identified goals.

CPS does not require a clinical diagnosis for people to access services, however relevant eligibility criteria is required.

## **Who is eligible?**

CPS is designed to support people who:

- Have reduced psychosocial function due to mental health
- Are aged 16 and above
- Reside or work within the Northern Inland Region
- Are not funded under state or territory government programs such as NDIS, HASI, or CLS

## **Who can refer?**

- Individuals (self-referral)
- Family and Carers
- GP's and Allied Health Services
- Community Mental Health
- NGO's
- Public Housing

