Household Composting & Worm Farming 101!

GLENRAC Inc



The issue

The physical, emotional and fi nancial stressors of life on the land can create challenges for people in rural communities to come together to socialise and build new skills. Du ring 2019-2020, these stressors were significantly exacerbated by extreme drought and bush fi re across the Glen Innes region. Opportunities for connection, sharing and learning became extremely limited and social connections were strained.

The solution

Across two days in mid February 2021, GLENRAC hosted Nicki Walker from North East Waste at the Glen Innes Showgrounds who hosted two workshops focused on Household Composting & Worm Farming. Nicki has a wealth of knowledge around sustainable and cost-effective waste management solutions & is a gifted presenter with an engaging, easy manner. 58 people from across all age brackets & skill levels attended these workshops, enjoying the interactive demonstrations that covered the ins & outs of all things compost & worm farm related, including choosing the right systems for your lifestyle, how to get started, what and what NOT to put in your compost, maintaining and using the multi-purpose and nutrient rich castings from worm farms, demystifying worm juice - what is it, what can you do with it and how do you use it, and taking your composting to the premium level.

The impact

Both workshops were extremely successful, with attendees extremely engaged throughout the sessions & providing great feedback about the event. Five worm farms and two compost systems were also given out as lucky door prizes over the two days which added to the air of excitement. Attendees also enjoyed a delicious morning tea spread from local caterer Helen Morgan which they enjoyed catching up over during the break. These workshops provided an opportunity for attendees to build skills in the area of sustainability, whilst also providing a reason for people to catch up and connect.

Key facts

- 58 people across all age brackets & skill levels attended one of two Household Composting & Worm Farming workshops at Glen Innes Showground in February 2021.
- Events such as these provide opportunities for rural communities to build new skills in the area of sustainability, whilst also providing a much needed space to catch up with others from around the region.

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